

Dr. med. Dr. phil. Anna Erat

**Medical Director, Faculty University of St. Gallen, Speaker,
Independent Board Member (INSEAD IDP), Mentor ETH**



Dr. Anna Erat (MD/PhD) studied and interned in medicine at University of Zurich Medical School and Harvard Medical School. After graduating, she conducted post-doctoral research at Harvard Medical School and in parallel successfully pursued a PhD in global health and health systems management. Before her clinical specialization, she worked as an medical and health systems expert for the Swiss ministry of health and as a consultant for Executive Insight.



Today she is the first female medical director in the history of the Hirslanden Clinic. She is also responsible for building check-up centers and for the strategy of preventive medicine and longevity for the Hirslanden group. She is regularly giving speeches and booked as a keynote speaker, is invited to TV-programmes as an expert, and has also produced a podcast with Hints Performance on the topic of performance and resilience.

She holds board roles in a few selected organizations in the fields of digital health and med tech. She also teaches in various executive MBA and advanced management programmes.